

Women Supporting Women: Peer Mentoring and Coaching

**3rd November 2015 (5.00-8.00pm)
The Studio, the Hive, Worcester**

This evening's conversational event will consider some of the issues connected with working effectively with women facing domestic abuse, those who may be affected by the criminal justice system or who face multiple disadvantage and/or complex needs. Speakers will consider women designed and led approaches to interventions, women supporting women, peer mentoring and coaching practices in working effectively with women bringing hope, motivation and self-confidence.

Beverley Gilbert

Senior Lecturer, University of Worcester and Director of Cohort 4

Welcome, an introduction to the evening and to the speakers

An introduction to peer mentoring and the power of women helping women

Kristy O'Dowd

Project Lead at Cohort 4 in North Warwickshire

A Personal Perspective. How peer mentoring and women designed and delivered projects work when surviving domestic abuse and/or involvement in crime

Tracey McMahon

Writer, Business Woman and Lancashire Firecracker

Peer mentoring women and the importance of home in surviving disadvantage and involvement in the criminal justice system

Lucy Baldwin

Senior Lecturer in Criminology at De Montfort University

Author/Editor of *Mothering Justice: Working with Mothers in Social & Criminal Justice Settings*

Clare McGregor

Author of Coaching Behind Bars: Facing Challenges and Creating Hope in a Women's Prison

Coaching gives hope and shows how, support at the right time, and in the right way, enables us all to turn our lives around

Bookings

£40

To book a place, please contact Esther Dobson:

01905 542711

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To find out more about the University of Worcester MA Professional Development: The Dynamics of Domestic Violence visit: www.worcester.ac.uk/journey/professional-development-dynamics-of-domestic-violence-pgcert

Speakers

Lucy Baldwin is a Senior Lecturer at the De Montfort University with 27 years' experience of working in social and criminal justice in various roles, including social worker and probation officer. Lucy has extensive practice experience from a range of settings working with women from both sides of the coin in terms of victim/survivor and women law breaker perspectives.

Lucy as well as publishing her forthcoming book has written for Criminal Law & Justice Weekly, The Halsbury Law Exchange, Inside Time and Jail Mail- with two forthcoming publications in peer reviewed Journals. Lucy was recently asked to speak at the Women's Breakout national conference and additionally has been asked to present at the forthcoming 'Hidden Voices' conference at the University of Dundee. Her own Doctoral research is around mothers, emotion and prison and she is involved in a joint research project with Rona Epstein via Coventry University related to the sentencing of women and mothers. Lucy is passionate about sentence reform for women and the appreciation of 'mothering' in relation to women with complex histories.

Beverley Gilbert has 30 years' experience working in various criminal justice agencies and is Director of Cohort 4, supporting women in the community who face disadvantage connected with domestic abuse, previous convictions, poverty, isolation and exclusion.

Beverley is a Senior Lecturer in domestic abuse at the NCSPVA at the University of Worcester, she is a sessional Expert Domestic Abuse Risk Assessor for DVIP in London and has specialist areas of interest connected with; domestic abuse, perpetration of abuse and interventions, male victims of domestic abuse, desistance from crime and imprisonment. She has written for the British Journal of Community Justice, the NCSPVA Blog and has undertaken research connected with perpetrator interventions, training for professionals and prevention work in schools.

Clare McGregor Managing Director of Coaching Inside and Out, Author of 'Coaching Behind Bars: Facing Challenges and Creating Hope in a Women's Prison' a moving and compassionate exploration of the challenges facing women prisoners seeking to take control of their own lives and how coaching gives hope and of how people, when supported at the right time, and in the right way, are able to turn their lives around.

Clare says that social, criminal and restorative justice are at the heart of her work with organisations on offending, mental health and linked fields. She helps individuals transform the way they live and perform (from prisoners to police chiefs and managing directors to magicians).

Tracey McMahon has written widely on women in the British criminal justice system and is an active voice inside the system on offender (re)habilitation. Her views on the laws and policies surrounding female offenders are often cited. She is passionate about changing the way the government views women who offend, and is dedicated to removing the stigma all too often associated with women who have served sentences.

She is currently an author at Criminal Law & Justice Weekly and a columnist for the UK Criminal Law Blog, where she writes for the highly popular "View From" Series. Tracey also writes for the World Medical Times and has written for the British Journal of Community Justice. She has also contributed to "*Transforming Rehabilitation – Under the Microscope*", produced by The Hallam Centre for Community Justice and published in December 2013. Tracey has also written for: Ex-Offender and Not Shut Up.

Tracey is the founder and Managing Director of the SHE Project. SHE focuses on community-based habilitation & housing for women at risk of offending and women who live in East Lancashire.

Kristy O'Dowd Project Lead of Cohort 4 women support groups and has been Peer Mentor for Crossroads Trust in North Warwickshire. Kristy brings her own perspectives surviving a personal history of domestic abuse and involvement in the criminal justice system. She brings her knowledge, experience and passionate belief in supporting women to survive. Kristy is currently a student at Birmingham City University.

